

Mountrath Ballyfin Online Newsletter

21st April 4th Sunday of Easter

Celebration of Sacrament of Confirmation

This Friday, we welcome Bishop Denis as he leads us in our celebration of the Sacrament of Confirmation with our girls and

boys of Scoil Bhríde, St. Fintan's Boys School, Gaelscoil

Thromaire and Clonenagh N.S. on Fri. 26th April --

Commencing In Mountrath Church at 11.00 am

And with our children of Barnashrone NS

and Ballyfin NS

in Ballyfin Church at 2.30 pm

“Let your Light Shine”

Barnashrone NS Golf Classic

*Friday 17th May
Portarlinton Golf Club
Tee times from 9am*



Team of 4 - €300

**-Includes golf, lunch and a chance to win
some lovely golfing gear**

**Special Prize on the day - Dinner for 2 in
Ballyfin House with horse and carriage
tour of the grounds**

**Contact Aileen @ (087)9896923 via
Whatsapp to book in!**



**The Class of 1990
Restoration Project**

TABLE QUIZ

**ST. PHILOMENA'S HALL
MOUNTRATH**

THURSDAY 2ND MAY @8PM
(DOORS OPEN 7.15PM)

TABLE OF FOUR €40

**Quiz
time**

TROPHIES AND CASH PRIZES TO BE WON !!

MONSTER RAFFLE !!

PRIZES GALORE !!

**Book Now on Eventbrite and
on 1990restproject@gmail.com**

Adult Yoga

6 Week Beginners Course

in Ballyfin Old School

Starting this Wed. 24th April

Contact Aisling to book a place

089 412 2157



*If you wish to contribute directly through your Bank account
to Parish funds*

here are our Bank Account details

Charity No. 20206307

Ballyfin Parish - (A.I.B. Portlaoise Branch)

Lyster Square, Portlaoise.

Name of Account - Ballyfin Parish Pastoral Council

IBAN - IE44 AIBK 9332 7900 203030

BIC. - AIBKIE2D

Mountrath Parish - Bank Account Details

(Bank of Ireland) (Portlaoise Branch)

Name - Mountrath Parish Current Account -

Account number - 7274 7250

IBAN - IE93 BOFI 9018 2972 7472 50 -

BIC. - BOFIE2D

**If contributing to Parish directly through our bank account please include your own
name as the reference.**

Thank you for your generous support of Mountrath and Ballyfin Parishes

Mountrath Ballyfin Parish News 21st April '24

St. Fintan's Parish, Mountrath – Ballyfin

4th Sunday of Easter

Baptism Team Training - Advance Notice

FDS and the Diocesan Commission for Liturgical Formation are offering a day long training session on Saturday, 25 May for Baptism Teams. This will take place in the Cathedral Parish Centre, Carlow. More details to follow next week.

March for Life

Bank Holiday Monday

6th May - 2.00 pm

Marching in Dublin

From Stephen's Green

To Leinster House



Registered Charity Number: 2026307

Join us for a chance to win fantastic prizes!



Date: Fri, 17th May

Time: 7:30pm

Venue: Balcony Cinema
Mountmellick,
Laois, R23 WP68

GRAND PRIZE

Package to
Medjugorje for
one person

Event Cost: €10 pp
(suggested donation)
paid at the door!
(Price includes raffle draw)



Fundraiser in aid of Radio Maria Ireland.

Can donate through QR code or via website down below
(Reference: Fatima Cinema Fundraiser)



Antoinette: 086 080 3047

Email: promoter@radiomaria.ie

Website: <https://www.radiomaria.ie/donations/>

827831

LIMITED PLACES - BOOK TODAY!

827831

Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 1570145 for information/application form.

Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

On the down-side, it can be quiet difficult to keep track of all these ways. - Sometimes emails can go to folders on the computer other than the main folder and are not seen straight away. The same can apply to text messages and Whatsapp. messages. This can cause a problem when I have no knowledge of these emails / messages coming in and are sometimes not detected at the time.

Can I ask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter,
please give me a call on 087 241 1594

Class of 1990 Table Quiz.

"Bridigine Class of '90" host Table Quiz in the St. Philomena's Hall 's on Thurs. 2nd May
Table of 4 € 40.00 - Comm. at 8.00 pm.

The class of '90 appreciate your generous support of this event.

Book on Eventbrite and on 1990restproject@gmail.com

Synod News

- A number of people from across the Diocese are receiving Facilitative Leadership Training provided by the National Synod Office. Participants include members of the Diocesan Pastoral Council, Faith Development Services, the Diocesan Synod Team, and the Diocesan Commission for Liturgical Formation. This training will equip more people across the Diocese to be able to facilitate the type of listening and accompaniment which Pope Francis is calling us to in a more synodal Church.

In late January the synod committee of the diocese was asked to submit a report to the national office by 25 March to help prepare for the second assembly of the universal synod to be held in Rome in October. A focused listening session was held in early March that helped shape our report. This report will be available on the diocesan website in the coming days.

Accord

Accord CLG are seeking applications for the post of Specialist Couple Therapist. Closing date is 3rd May 2024. See our online Newsletter for more details

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Annual Day of Prayer and Reflection for Deacons,

Candidates and their Families

The third annual Day of Prayer and Reflection for Deacons, Candidates and their Families will take place on Saturday 22nd June 2024 at Knock Shrine. This is a great opportunity for Deacons and Candidates to come together and help to promote the ministry of diaconate at a national level. A detailed schedule for the day will issue over the coming weeks once guest speakers have been confirmed.

All are most welcome to attend.

Ceremony of Confirmation Fri. 26h April

Ceremony in Mountrath Church 11.00 am

Ceremony in Ballyfin Church 2.30 pm

Bishop Denis will lead us in both Ceremonies

1st Holy Communion Days

Sun. 19th May 2.00 pm Sun. 26th May 2.00 pm

Diocesan Pilgrimage to Knock Shrine

Sunday 2nd June 2024.

We Hold and Keep in our Thoughts and Prayers

People, their families and carers, who are ill or unwell – at home, in hospital or
Nursing Home or undergoing any surgical or medical procedures. -

We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of
and continued commitment to Mountrath and Ballyfin Parish and Mountrath and
Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne

Mountrath Parish Caroline Moore and Pachelli Walsh

Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph: 085 802 163

Dates of 1st Holy Communions

Sun. 5th May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun. 26th May Mountrath Church 11.30 am

With Children of all Mountrath Primary Schools

Sun. 19th May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26th May Ballyfin Church. 2.00 pm

With Children of Barnashrone NS

Ballyfin Anniversaries

Mass Times Anniversaries

Sat 20th - Sun. 28th Apr

Fri. 19th April 5.00 pm Exposition of Blessed Sacrament.

Sat. 20th April 8.00 pm Johnny Downey, Clondarrig. 6th Anniv.

And deceased members of Downey Family

Sun. 21st April 10.00 am Timothy and Mary Kate Heffernan, Brockera

Mon 22nd April 7.00 pm Apostolate of Sanctification.

Fri. 26th April 5.00 pm Exposition of Blessed Sacrament.

Sat. 27th Apr. 8.00 pm

Sun. 28th Apr. 10.00 am Patrick and Maureen Lynch

Denis and Brigid Walsh

Mon. 29th April 7.00 pm Apostolate of Sanctification.

Mountrath Anniversaries

Mass Times Anniversaries Sat. 20th - Sun. 28th Apr

Sat. 20th April 7.00 pm Nora Phelan, Coldblow. 6th Anniv.

Maura and Frank Byrne, Patrick St.,

and their daughter, Paula Byrne.

Margaret Taylor, Annie Wilson, Norah Dunne

And Margaret Clarke, Moonbaun.

Sun. 21st Apr 9.00 am - [The Hollow Ch.](#) Fr. Louis Lambe. 8th A.

11.30 am Josephine (Mary Jo) Grehan (Nee Higginbotham) Derrylusk. Month's Mind

Tues. 23rd Apr 10.00 am George and Mary Butler

Wed. 24th Apr 10.00 am John and Kathleen Ryan, Fr. O'Connor Cresc.

Thur 25th Apr 10.00 am Patricia Connolly, Kilbricken

Br. Justin Madden, Tullow and Shannon Rd.,(Mountrath) 9th Anniv.

Fri. 26th April 11.00 am Ceremony of Confirmation

Sat. 27th April 7.00 pm Liam Doyle, Shannon Rd., 1st Anniv.

(also) his father Tom and brother, Liam

Sun. 28th Apr 9.00 am [The Hollow Ch.](#)

11.30 am

1st Anniversary Remembrance

Sat. 11th May 7.00 pm Jack Killeen, Fr. O'Connor Cresc.

Lord, for your faithful people, life is changed, not ended.

"Do This in Memory" Programme

6. Sat. 13th Apr. Mountrath Church 7.00 pm

Sun. 14th Apr. . Ballyfin Church 10.00 am

7. Sat. 4th May Mountrath Church 7.00 pm

Sun. 5th May Ballyfin Church 10.00 am

Dates for Celebration of 1st Holy Communion

Sun. 5th May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun. 26th May Mountrath Church - 11.30 am

With Children of all Mountrath Schools -- **Note Change of Date**

Sun. 19th May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26th May Ballyfin Church. 2.00 pm

With Children of Barnashrone National School

Mountrath Parish Lotto

18th Apr.

Nos. Drawn 2 3 9 26

1 Jackpot Winner of €10.000

(Portlaoise Parish)

13 Match 3 - Rec. € 77 each

New Jackpot €10.00



Ballyfin Parish Lotto Wed. 17th April

Nos. Drawn 1 7 14 21 No Jackpot Winner

13 Match 3 Winners Rec. € 77 ea

1 Local Winner and Promoter, Gemma Dunphy

Next Week's Jackpot € 15,000

A very special thank you for your very generous support of
and continued commitment to Mountrath and Ballyfin Parish Lottos



Mountrath Ballyfin Lottos

Next Week's



Ballyfin € 15,000

Mountrath € 10,000

Laois Clean-up Week in Ballyfin



Picture courtesy of Sheila Dowling, Cavansheath.

Barnashrone NS

Golf Classic - Portarlinton Golf Club

Friday 17th May - Tee times from 9am

Team of 4 players -€300

(Includes golf, lunch and a chance to win some lovely golfing gear)

Contact Aileen via Whatsapp to book in at (087) 9896923

Special Prize on the day

Dinner for 2 in Ballyfin House &

Horse and Carriage

Tour of the grounds

Barnashrone NS Golf Classic

*Friday 17th May
Portarlinton Golf Club*



Are you a business owner who would like to sponsor a tee box for our Golf Classic?

Just €100 to get your business name on the golf course on the day!

Super publicity for a super cause!

Contact Aileen @ (087)9896923 via Whatsapp for more details.





COMMUNITY CONNECT FUND



A TOTAL OF **€100,000**
TO LOCAL WORTHY CAUSES

APPLICATION DEADLINE IS FRI 31ST MAY 2024

Visit www.stcanicescu.ie



St. Canice's Kilkenny Credit Union Ltd. is regulated by the Central Bank of Ireland.

Ballyfin Community Alert Seniors Alert Scheme

As darker evenings are upon us please be aware that grant aided personal 24/7 monitored alarms are available to people aged 65 and over. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 157 0145 for information or for application form

Message from Safeguarding Office

Reminder re. Inter-Parish Safeguarding Meetings

(Message from Ailish Higgins)

These meetings will involve a Q&A style session where people can discuss and get support with safeguarding practices in their local parish i.e. paperwork, risk assessments, youth participation etc and last approx. one hour.

I would greatly appreciate if you could get back to me (safeguarding@kandle.ie) with confirmation of your attendance, naming which venue suits you best, so that I can confirm numbers ahead of time. If you are unable to attend a meeting in your own pastoral area, please feel free to attend another meeting from the schedule.

Details of the remaining dates – times – venues below.

Thurs. 21st March 7.30pm – Cathedral Parish Centre, (Carlow)

Wed. 10th April 7.30pm – Killeigh Parochial House, Killeigh

Thurs. 18th April 7.30pm – Portlaoise Parish Centre,

Wed. 24th April 7.30pm – Leighlinbridge Parish Centre,

Thursday 25th April 7.30pm – Tullow Parish Centre,

Mater Dei Education Spring Conference 2024

The Mater Dei Education Spring Conference 2024 takes place in the De La Salle Retreat Centre in Castletown, Co Laois on 28th April 2024. Registration takes place at 10.30 am. The day will begin with Holy Mass at 11.00 am celebrated by Bishop Connell.

The conference is an opportunity for parents and teachers to hear inspiring speakers, listen and learn from other parents, and explore options in independent education, hybrid learning or home-schooling.

The afternoon will include a keynote talk from Fr. Conor McDonough O.P. on Catholic education in Penal Ireland and will conclude with a panel discussion at 3.00 pm.

The conference is an opportunity for parents and teachers to hear inspiring speakers, listen and learn from other parents, and explore options in independent education, hybrid learning or home-schooling.

Cost is €10.00, lunch provided on the day. Registration is online at: <https://materdeieducation.ie/>.

SeniorLine

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Would you like someone to talk to? SeniorLine is Ireland's national telephone service for older people, open every day of the year 10.00 am to 10.00 pm, they can be contacted on Freephone 1800 80 45 91.

Callers may feel isolated, alone, wish to discuss a problem in confidence, or for company during their day. SeniorLine's volunteers are trained to listen, to support, to discuss options and refer the caller to other helpful services available if necessary.

So don't be alone if sharing a problem would help, phone SeniorLine.

Classes 11th - 17th April



Thursday 11th

7 pm Karate

8 pm Bowls

Friday 12th

5.30 pm Kickboxing (3-7)

6.30 pm Kickboxing (8-12)

7.30 Kickboxing (13+)

Saturday 13th

9 am Circuit Training

10 am BJJ (8-12)

11 am BJJ (13+)

12 am Pilates

Monday 15th

7 pm Yoga

7 pm Karate

Wednesday 17th

5pm Art & Craft

7-8 pm BJJ (8-12)

8-9 pm BJJ (13+)

Brigidine Convent,
Patrick's St,
Mountrath, R32 DC58



LADIES SPORTS PARTNERSHIP
COMHAR SPÓIRT NA LAÍS



SPÓRT ÉIREANN
SPORT IRELAND



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gcuntas díomhaoin
the dormant
accounts fund



Saturdays 12-1 pm
6 weeks starting 13th April

Last Few Places Left



€ 60 for 6 weeks

Mountrath Health &
Fitness Academy,
Patrick st, Mountrath
R32 DC58

Sabrina 087 646 7305

<https://www.mountrathgym.com/memberships/pilatesinmountrath>





10th Anniversary of Donal Walsh



~ May 11th ~

- 10:00 Arrival in Basilica & Registration
- 10:30 Welcome – Fr Richard Gibbons - Elma Walsh
- 10:45 Explanation of Workshops and Ice Breakers
- 11:00 Aidan O'Mahony & Dr Lorna Gold – followed by Q&A
- 11:45 Choice of workshops
- In memory of Donal – Prayer Guidance Centre
 - Trócaire – Care for Our Earth (St Johns)
 - Music Generation – The HUB
 - The Prayer Cube – The HUB
 - Letters to God – The HUB
 - Story of Knock - The Apparition Chapel
 - Knock Museum
 - Fill Holy Water Bottles
- 1:30 Why do we go to Mass? – Fr. John Harris
- 2:00 Mass – Main celebrant Fr Leo Moloney SJ
- 3:00 Depart

*Students are asked to bring a packed lunch and rain jackets/umbrellas

CHEMISTRY, JC MATHS AND JC SCIENCE GRINDS

LOCATION: BLOOM HQ MOUNTRATH
(R32 DT9F)

DATES: EVERY SATURDAY MORNING
STARTING THE 13TH OF APRIL 2024

CONTACT: AISLING ON 087 7917268
TO BOOK YOUR PLACE.

PLACES ARE LIMITED.



March-April 2023

TIMETABLE

**PAYG
and
Members
Always
Welcome**

*These
classes are
not included
in
membership
fee

Monday

11 am Mature Movers
7 pm Mixed Circuit Training
7 pm Karate*
7 pm Yoga*

Tuesday

10 am Beginner TRX
11 am Bowls Inc.
1.15 pm Lunchtime Hitt
7.30 pm Zumba *

Wednesday

11 am Mature Movers
5 pm Art & Craft *
7 pm Mixed Circuit Training
7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

Thursday

10 am Beginner TRX
11 am Activator Poles Inc.
1.15 pm Lunchtime Hitt
7 pm Karate*
8 pm Bowls*

Friday

5.30 pm Kickboxing (3-7)*
6.30 pm Kickboxing (8-12)*
7.30 pm Kickboxing (13+)*

Saturday

9 am Circuit Training
10-11 am BJJ (8-12)
11 am BJJ (13+)



MOUNTRATH
Martial Arts & Fitness Academy



SPÓRT ÉIREANN
SPORT IRELAND



LAOIS SPORTS PARTNERSHIP
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Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

€5 per class for under 18's

€7 per class for Adults

or included in Monthly Membership

8 yrs- 18 €35 per month

Adults €45 per month



Bring a Friend for Free in March

contact Jamie 085 200 2497





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938



Meeting Room

"Rachel's Room"

Brigidine Convent,
Patrick Street,
Mountrath

- Broadband Wifi
- Ample free parking
- Canteen

Contact
manager@bloomhq.ie
089 2722885



Karate

Mondays & Thursdays 7 pm

€6 per class

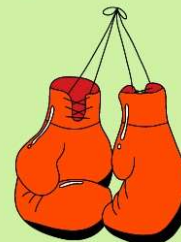
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.

€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings

20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher



Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

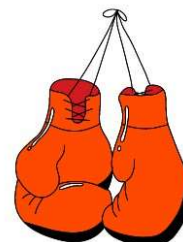
Fridays 5.30 pm 3-7 years, €7

Kickboxing

6.30 pm 8-12 years, €7

First trial class free

Shane: 086 339 9287



Brazilian 8-12 years,
Wednesdays 7-8 pm & Saturdays 10-11 am
Jiu-jitsu* € 35 per month or €5 per class
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin

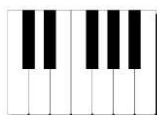


Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 mins group classes
Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

March-April 2023

TIMETABLE

**PAYG
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8-9 pm BJJ (13+)

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MOUNTRATH
Martial Arts & Fitness Academy



SPÓRT ÉIREANN
SPORT IRELAND

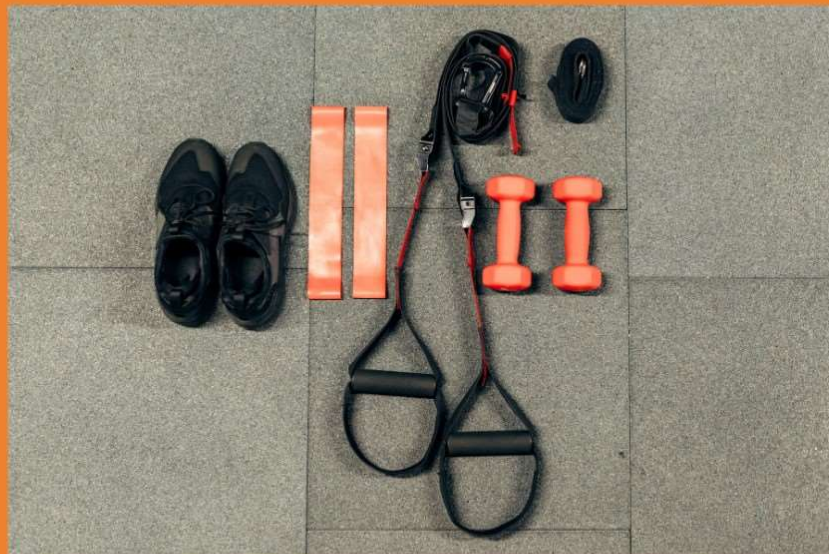


LAOIS SPORTS PARTNERSHIP
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accounts fund

Mature Movers



Strength
Flexibility **50 + gym classes**
Balance

a bit of Endurance
& Lots of Fun

6 weeks starting Wed 6th March

Mondays & Wednesdays 11 am

45 min classes in Mountrath

€60 for 6 Weeks

Contact Ruth 086 3262570





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

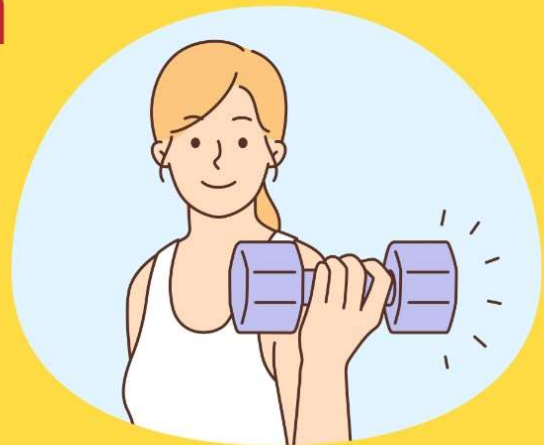
Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938

Saturday Morning Circuit Training



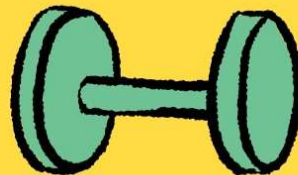
9-10 am



€ 7 PAYG

or

part of your monthly
membership



contact 086 3262 570

**The Old Convent,
Patrick St,
Mountrath, R32 DC58**



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays

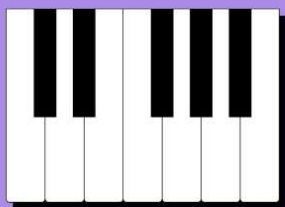


Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month
Adults €45 per month

€5 per class for under 18's
€7 per class for Adults
or included in Monthly Membership

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497





1 - 2 person offices for rent in our Social Enterprise centre in Mountrath



Contact 0892722885 manager@bloomhq.ie

Arts & Craft Classes



Second block of

6 week program

starting 28th February

at the later time of

Wednesdays 6-7 pm



7-12 year olds

***life drawing**

***painting**

***clay**

***print making**

***textile art**

**6 weeks € 30
only 12 places**



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Piano Classes Available

Starting Sunday April 7th

BloomHQ Mountrath

Contact Heather

083 054 7772



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays



Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc



Mountrath Music Rooms



**Contact 089 272 2885
or 057 930 0036**

***Soundproof rooms**

***From € 15 per hour**

***Perfect for music lessons, counselling or grinds**

***free easy car park**

***Waiting space**

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



UNISLIM

Join Today!

Bloom Hq

Wednesdays 7-8pm

Class Talk 8pm

New members
always welcome!

9 stone
weight
loss



Mairéad McCaul
Unislim Member



Join Unislim for €25
Pay €12 weekly fee thereafter
For more info visit unislim.com



unislim.com | 1800 603020

Arts & Craft Classes



Second block of
6 week program
starting 28th February

at the later time of
Wednesdays 6-7 pm



7-12 year olds

6 weeks € 30
only 12 places

- *life drawing**
- *painting**
- *clay**
- *print making**
- *textile art**



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



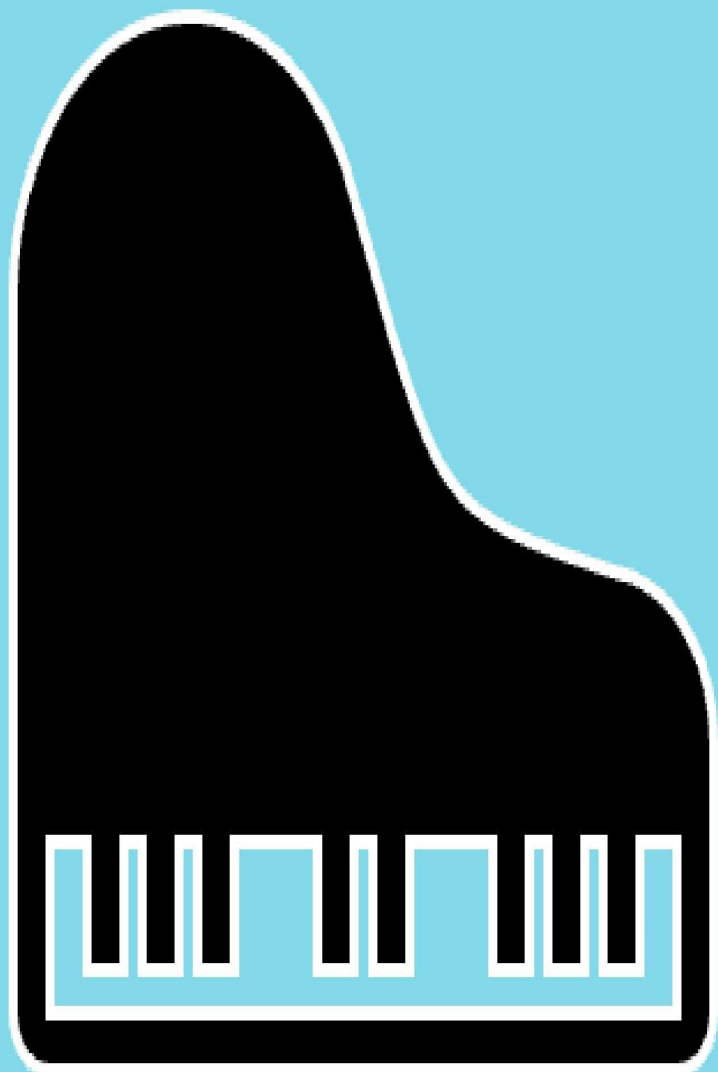
Piano Classes Available

Starting Sunday April 7th

Bloom HQ, Mountrath

Contact Heather,

0830547772



Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895



Karate

Mondays & Thursdays 7 pm

€6 per class

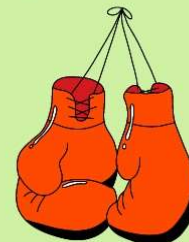
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.
€20 for 30 min individual lesson

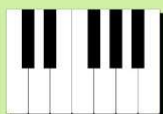
Irene: 089 981 8065



Trad Music

Saturdays from 11 am,
€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings
20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher

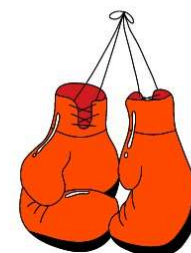


Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

Kickboxing

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years, €7
Shane: 086 339 9287



First trial class free

Brazilian

8-12 years,

Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu*

€ 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin



Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson

Irene: 089 981 8065

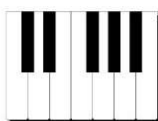


Trad Music

Saturdays from 11 am, 6+ years

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

Bowls All Inclusive 11am

Currently

Thursdays to accommodate the School musical

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570



Roadcraft Motorcycle Training

Mick Smith is teaching the new
RSA approved Motorcycle Initial Basic Training (IBT)
here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



Music Teachers wanted



for Mountrath Music School

***soundproof rooms**

***free parking**

***waiting area for parents**



contact Lucy 087 259 7895

Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 +
Mondays & Wednesdays 11 am



Bowls inclusive 11 am Tuesdays
Bowls 8 pm Thursdays

Mountrath Men's Shed
Tuesdays 10 am- 1 pm
Thursdays 2 pm- 4 pm
contact 085 705 3855



Activator Poles Inclusive
Thursdays 11 am

contact Ruth 086 3262 570



“MY WORLD”



PHOTOGRAPHIC EXHIBITION

by Mountrath & District Camera Club

Opening 7pm Friday 2nd February
in the

Gallery of Divine Inspiration

Bloomhq, Mountrath

All Welcome

Photos will be on display for the month





**The Class of 1990
Restoration Project**

TABLE QUIZ

**ST. PHILOMENA'S HALL
MOUNTRATH**

**THURSDAY 2ND MAY @8PM
(DOORS OPEN 7PM)**

TABLE OF FOUR €40



TROPHIES AND CASH PRIZES TO BE WON !!

**MONSTER RAFFLE !!
PRIZES GALORE !!**



**Book Now on Eventbrite and
on 1990restproject@gmail.com**

VIOLIN LESSONS

by Irene Ramos

- Discover the joy of music and unlock your creativity
- Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults
- Studio based Mountrath

FULLY QUALIFIED SUZUKI TEACHER & ABRSM DIPLOMA IN MUSIC PERFORMANCE



FOR RATES AND/OR MORE
INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos.violinstudio@gmail.com

 Irene Ramos
VIOLIN STUDIO



Hot Desks in Mountrath

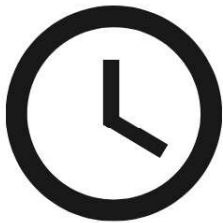
Need somewhere to work for a day with fast broadband?
Free parking, canteen onsite.

Desks from 10 euro per day
Book on <https://connectedhubs.ie>

Mountrath Men's Shed



**Old School on
Patrick Street**



**Tuesdays 10am - 1pm
Thursdays 2pm - 4pm**

Contact 0857053855



Mondays & Thursdays 7 - 8 pm



Juniors and Adults



Okinawan Karate



Black Belt Instructors

contact Sensei Donal, 5th dan
087 760 7063

Martial Arts Centre, Old
Convent, Mountrath,
R32 DC58



HIIT LUNCHTIME CLASS

High-Intensity Interval Training

Tuesdays & Thursdays

1.15 pm for 40 mins

5 euro a class

OR

part of your monthly
gym package

Book with Ruth 086 3262 570





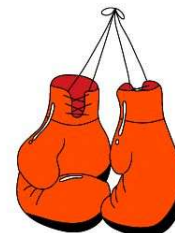
Karate

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from 6 years up, €6 per class
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years, €7
Shane: 086 339 9287



Brazilian Jiu-jitsu*

*starting 14th & 17th Feb
with free trial

8-12 years,
Wednesdays 7-8 pm &
Saturdays 10-11 am
€ 35 per month
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin

Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 min group classes
Eabha 083 8566083



to book talk to the relevant teacher

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Come join our free trial
Wednesday 14th &
Saturday 17th
February

8 yrs- 18 €35 per month
Adults €45 per month

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497



Brigidine Convent, Patrick St, Mountrath, R32 DC58





Irish Traditional
MUSIC
LESSONS

**Whistle, Flute, Concertina, Accordion,
Fiddle, Banjo and Mandolin**



Clióna and Éabha
Dowling McDonald

More Information :
Contact 083
8566083



Music Classes in Mountrath

- **Lessons in BloomHQ**
- **Violin Lessons by Irene Ramos**
0773222323
iramos.violinstudio@gmail.com

Contact the relevant teacher to arrange days/times/prices

- **Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin**
Cliona & Eabha Dowling McDonald
083 8566083



School of Music - Mountrath



Please use your recyclable blue token to
vote for us in the Tesco Community Fund.



PIANO TEACHER WANTED



For our new Music Rooms
Contact Lucy 087 259 7895



The Old Convent,
Patrick St,
Mountrath,
R32 DC58



Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders !



Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life.

Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath
R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling



Date for the Diary

The Sacrament of Confirmation will be celebrated in
Mountrath / Ballyfin Parishes on **Fri. 26th April 2024**

The Ceremony in Ballyfin Parish Church will Commence
at 2.30 pm

Bishop Denis will lead us in both our celebrations

To care for those
who once cared for us
is one of the highest
honors in life.

– Tia Walker



Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms

help people aged 65 and over to live securely in

their homes with peace of mind. If you know a

family member, friend or neighbour in Ballyfin

or Laois area who may qualify please contact

Sheila on 086 1570145 for

information/application form.

Newsletter Items: - From around the Diocese

- **Mental Health Peer-Support:**

Cycle Against Suicide is offering the opportunity to avail of online training in Mental Health Peer-Support. The training provided transcends traditional boundaries, breaks down the stigma associated with mental health discussions. The benefits are profound and far-reaching. Trained Peer-Supporters are attuned to subtle shifts in their community's well-being. This heightened awareness fosters a culture of genuine care and concern. No funding is necessary to do the training. It is offered free to volunteers in a community club, association or who are associated with any part of their community's safety, health and wellbeing in a drive to encourage people to take on this vital role for their own community and help bring Peer-Support to the heart of communities as a critical part of mental health awareness and suicide prevention.

Course: Cycle Against Suicide Mental Health Peer Support (Buddy) Training

Details: www.cycleagainstsucide.com/register-to-become-community-buddy/

Delivery: Online via Zoom

Time: 7-10pm on 4 evenings over 2 weeks

Option 1: March: Tues 12th, Thurs 14th & Tues 19th, Thurs 21st

Option 2: April: Mon 8th, Wed 10th & Mon 15th, Wed 17th

Option 3: May: Mon 13th, Wed 15th & Mon 20th, Wed 22nd

To Register: training@cycleagainstsucide.com or online

at www.cycleagainstsucide.com/register-to-become-community-buddy/



Missa em Português
Comunidade Católicos em Laois

Dia: 20/04/2024 (Sábado)

Horário: 19h30min

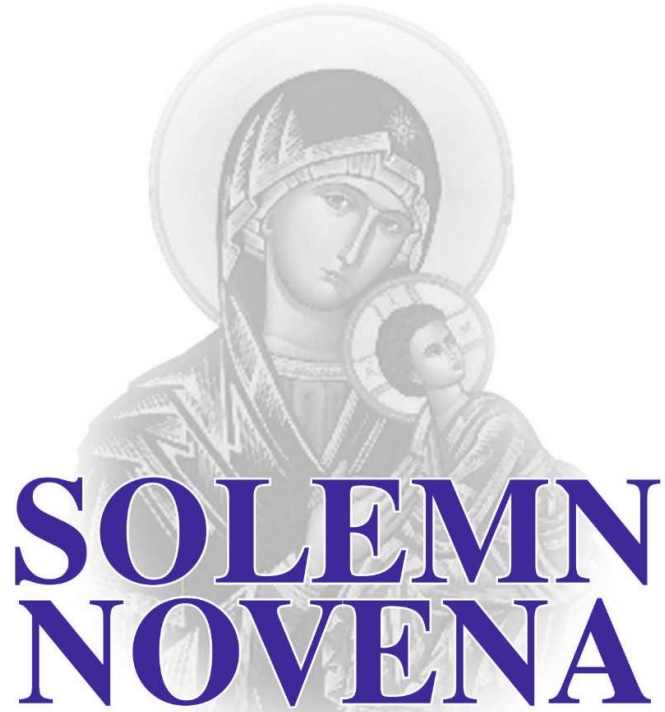
Local: St. Peter & Paul's Roman Catholic Church

R32R684 - Portlaoise

**Venha, participe e traga um amigo!
Faça parte desta comunidade.**



GRAIGUECULLEN / KILLESHIN



**SOLEMN
NOVENA**

*to
Our Lady
of
Perpetual Help*

in St. Clare's Church, Graiguecullen

9 MONDAY NIGHTS

8th April - 3rd June 2024

Time: 7.30 pm.

(Rosary at 7.10pm)

PLEASE JOIN US IN PRAYER

This is the 19th year of our parish Solemn Novena to Our Lady of Perpetual Help. The purpose of our Novena is to come together as a community to support each other in prayer. Each person comes to the Novena with their own special intentions ranging from the routine pressures of life to the heartbreaking. Petitions can be placed in special boxes in St. Clare's Church. A random selection of these are read out each night at the Novena.

DATE	SPEAKER
8th April	<p>Rev PJ Madden <i>Former General Secretary of the INO - Retired parish priest from New Orleans diocese and served 5 years in Kildare & Leighlin Diocese</i></p>
15th April	<p>Rachel Doyle <i>Founder of Arboretum. A qualified horticulturist and author of a new book 'My Tree of Life'</i></p>
22nd April	<p>Ben Scallan <i>Senior political correspondent with @GriptMedia - Irish journalist and Commentator</i></p>
29th April	<p>Mick Galwey <i>All Ireland Senior Football Championship medal winner - Irish Rugby Legend and Sports Commentator</i></p>
6th May	<p>Geraldine Mullan <i>Geraldine's story of how faith hope and love have carried her since her life changed dramatically in 2020 when her husband & 2 children tragically died</i></p>
13th May	<p>David Walsh <i>Co-Founder of Netwatch & more recently Halo Care - strategic thinker and vocal advocate of entrepreneurship</i></p>
20th May	<p>Derek McGrath <i>Former centre-forward and previous manager of the Waterford senior Hurling team.</i></p>
27th May	<p>Prof Jim Lucey <i>Inspector with Mental Health Commission - writer, broadcaster and public speaker. (Blessing of the sick will take place at this Mass.)</i></p>
3rd June	<p>Elma Walsh <i>Founder of the 'Live Life Foundation' in memory of her son Donal who died aged 16 years.</i></p>

People are invited to place their petitions in the boxes provided in St. Clare's Church. We will pray for these intentions during our Novena.

10th Anniversary of Donal Walsh

~ May 11th ~



- 10:00 Arrival in Basilica & Registration
- 10:30 Welcome – Fr Richard Gibbons
 Elma Walsh
- 10:45 Explanation of Workshops and Ice Breakers
- 11:00 Aidan O'Mahony & Dr Lorna Gold – followed by Q&A
- 11:45 Choice of workshops
- In memory of Donal – Prayer Guidance Centre
 - Trócaire – Care for Our Earth (St Johns)
 - Music Generation – The HUB
 - The Prayer Cube – The HUB
 - Letters to God – The HUB
 - Story of Knock - The Apparition Chapel
 - Knock Museum
 - Fill Holy Water Bottles
- 1:30 Why do we go to Mass? – Fr. John Harris
- 2:00 Mass – Main celebrant Fr Leo Moloney SJ
- 3:00 Depart

*Students are asked to bring a packed lunch and rain jackets/umbrellas

Message from Safeguarding Office

- Upcoming full-day training in Newbridge Parish Centre, Saturday 13th April 10-4pm. If anyone would like to attend, please contact Bishop's House or Director of Safeguarding to book. (An email has been sent to the trainees booked in directly where email address was available).
- Inter-parish safeguarding meetings continue tonight in Killeigh Parochial House.

Remaining dates/times/venues below.

- Thursday 18th April @7.30pm – Portlaoise Parish Centre, Portlaoise
- Wednesday 24th April @7.30pm – Leighlin Parish Centre, Leighlinbridge
- Thursday 25th April @7.30pm – Tullow Parish Centre, Tullow

Please book in by emailing safeguarding@kandle.ie

- Safeguarding Audits must be returned asap. If any parish requires support with completing their audit, they can call or email Director of Safeguarding.

• Annual Day of Prayer and Reflection for Deacons, Candidates and their Families

The third annual Day of Prayer & Reflection for Deacons, Candidates and their Families will take place on Saturday 22nd June 2024 at Knock Shrine. This is a great opportunity for Deacons and Candidates to come together and help to promote the ministry of diaconate at a national level. A detailed schedule for the day will issue over the coming weeks once guest speakers have been confirmed. All are welcome to attend.

Graigucullen/Killeshin Parish Novena To Our Lady Of Perpetual Help

Solemn Novena to Our Lady of Perpetual Help takes place in St. Clare's Church, Graigucullen from the 8th April 2024 to 3rd June 2024 (9 Monday nights). The Rosary is recited at 7.10 pm and the Novena begins at 7.30 p.m.

We invite people to place their petitions in the petition boxes in St. Clare's Church and during the Novena, through the prayers from our Faith Community and the intercession of Our Lady, we will ask Jesus to relieve whatever burdens we may carry.

. Solas Bhride Conference

Following on from our very successful conference in 2023, we are delighted to announce that on April 20th the Solas Bhride 2024 conference takes place. This year the keynote speaker is Dr. Edel Bhreathnach and the title of her talk is “Why did St. Brigid choose Kildare, the power of a religious landscape”. In the afternoon we are celebrating St. Brigid in Music, Song and Dance. There are options to attend the full day or either morning or afternoon sessions, booking through the Solas Bhride website www.solasbhride.ie or by emailing or phoning the centre directly 045 522890 info@solasbhride.ie

. The Jesuit Centre for Faith & Justice

The JCFJ Annual Lecture “Enabling Death? Euthanasia from a disability perspective” takes place on 25th April 2024 in Gardiner Street Church, Dublin at 7pm. Tickets are available on Eventbrite, please contact info@jcfj.ie for details.

The School House Community & Enterprise Centre Rathvilly:

Rathvilly Community Centre Committee presents the “Celtic Brothers” in St. Patrick’s Church Rathvilly on the 28th April 2024 @ 7.00 p.m. (doors open @ 5.30 p.m.). Tickets

are €25.00 and are available online or hard copy in Brennan's Centra, The Post Office, The Pharmacy, The Parish Office, and members of the committee.

March For Life Ireland 2024

Shining A Spotlight On Ireland's Abortion Law And Calling For Positive Supports For Mothers

Our Next March: Save The Date

Bank Holiday Monday, 6th May, 2:00pm, 2024

Marching In Dublin From St. Stephen's Green To Leinster House.

Join Us In Advocating For Change, Unity, And Empowerment For Mothers And Their Babies. Be A Part Of Something Bigger – Let's Make A Difference Together. Takes place at 2pm on Monday 6th May in Dublin, marching from St Stephens Green to Leinster House

Burren Outdoor Retreat

Would you like to come on a guided journey through the Burren with its limestone pavements, rare flora, and ancient sacred sites? Let the beauty of the amazing Burren landscape renew you in body and soul. This retreat takes place Saturday 4th May 2024 to Monday 6th May 2024.

Information: Mary 087 970 1130. Booking: Noirin 087 447 911

• Donal Walsh LIVElife Foundation

On the 10th anniversary of Donal Walsh's death, the Donal Walsh LIVElife Foundation are holding Workshops & Mass in the Hub, Knock, Co Mayo on the 11th May 2024. The day starts at 10.00 am and finishes at 3.00 pm. There will be a choice of Workshops available on the day. Students are asked to bring a packed lunch and rain jackets/umbrellas.

All-Ireland Pollinator Plan

The All-Ireland Pollinator Plan is an island-wide attempt to reverse declines in pollinating insects. One third of our bee species are threatened with extinction in Ireland. The good news is that you can help by making your garden pollinator friendly. Every garden, no matter its size, can be a haven for hungry pollinators. See the link below for more information: pollinators.ie/top-ten-ways-to-help-pollinators/

Join Arthritis Ireland for the VHI Women's Mini Marathon

The Vhi Women's Mini Marathon is just around the corner on the June bank holiday weekend. Arthritis Ireland want to build a strong team of fundraisers to represent us and raise vital funds to support our essential services. Walk, jog or run, the important thing is to take part and show your support for our essential services which are so vital to those living with arthritis in Ireland. Why not get your friends, family and colleagues to join you?? Spread the word to anyone who might be interested.

Sign up here today: <https://www.arthritisireland.ie/vhi-womens-mini-marathon-2024>

Contact the fundraising team on fundraising@arthritisireland.ie or 016618188 if you have any questions.

Barnashrone NS Golf Classic

*Friday 17th May
Portarlinton Golf Club
Tee times from 9am*



Team of 4 - €300

**-Includes golf, lunch and a chance to win
some lovely golfing gear**

**Special Prize on the day - Dinner for 2 in
Ballyfin House with horse and carriage
tour of the grounds**

**Contact Aileen @ (087)9896923 via
Whatsapp to book in!**